



# **Building Bridges: how integration between Children's Social Care and Children's Mental Health services can support better outcomes for young people**

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People's Service

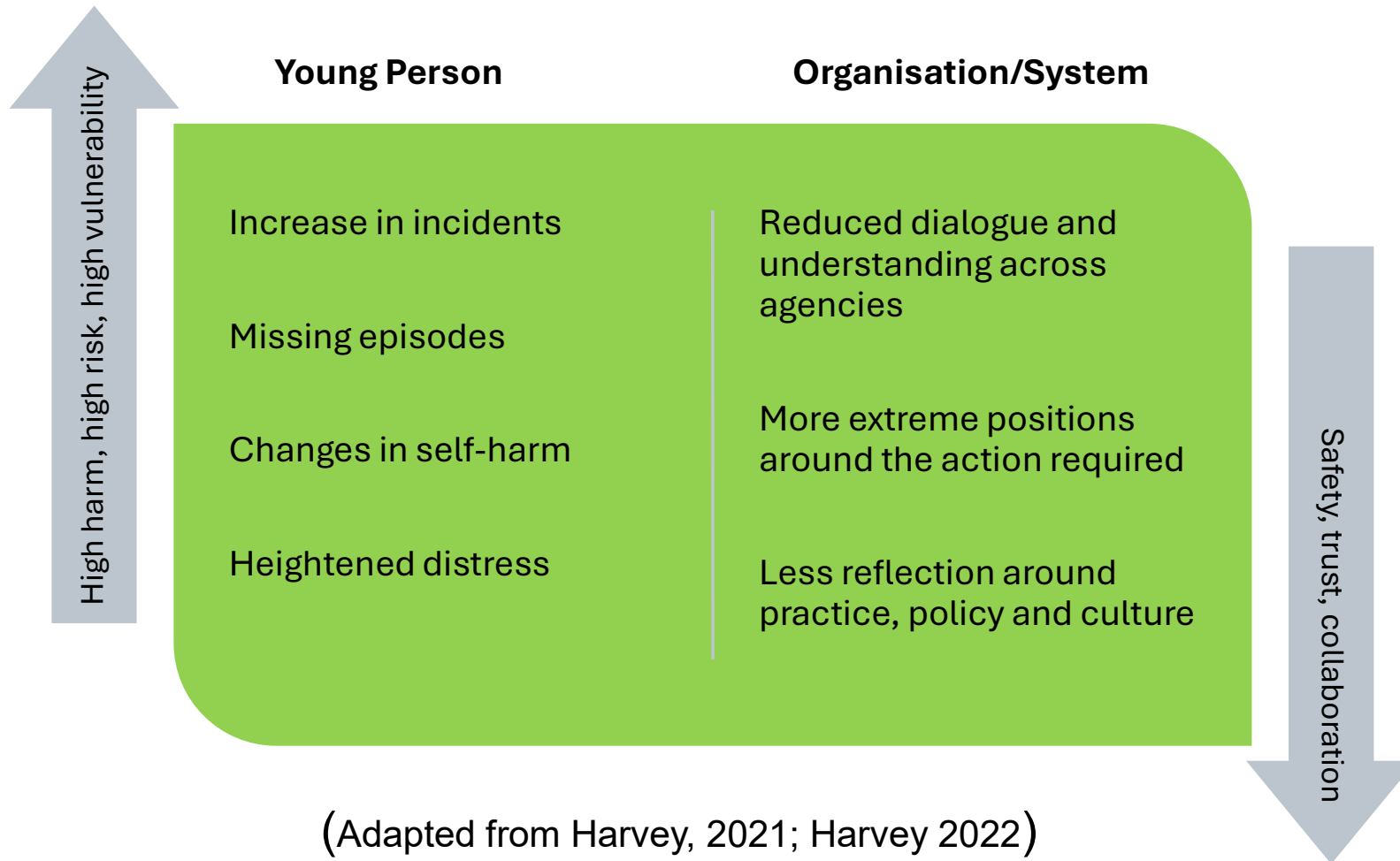
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## **Parallel Process**

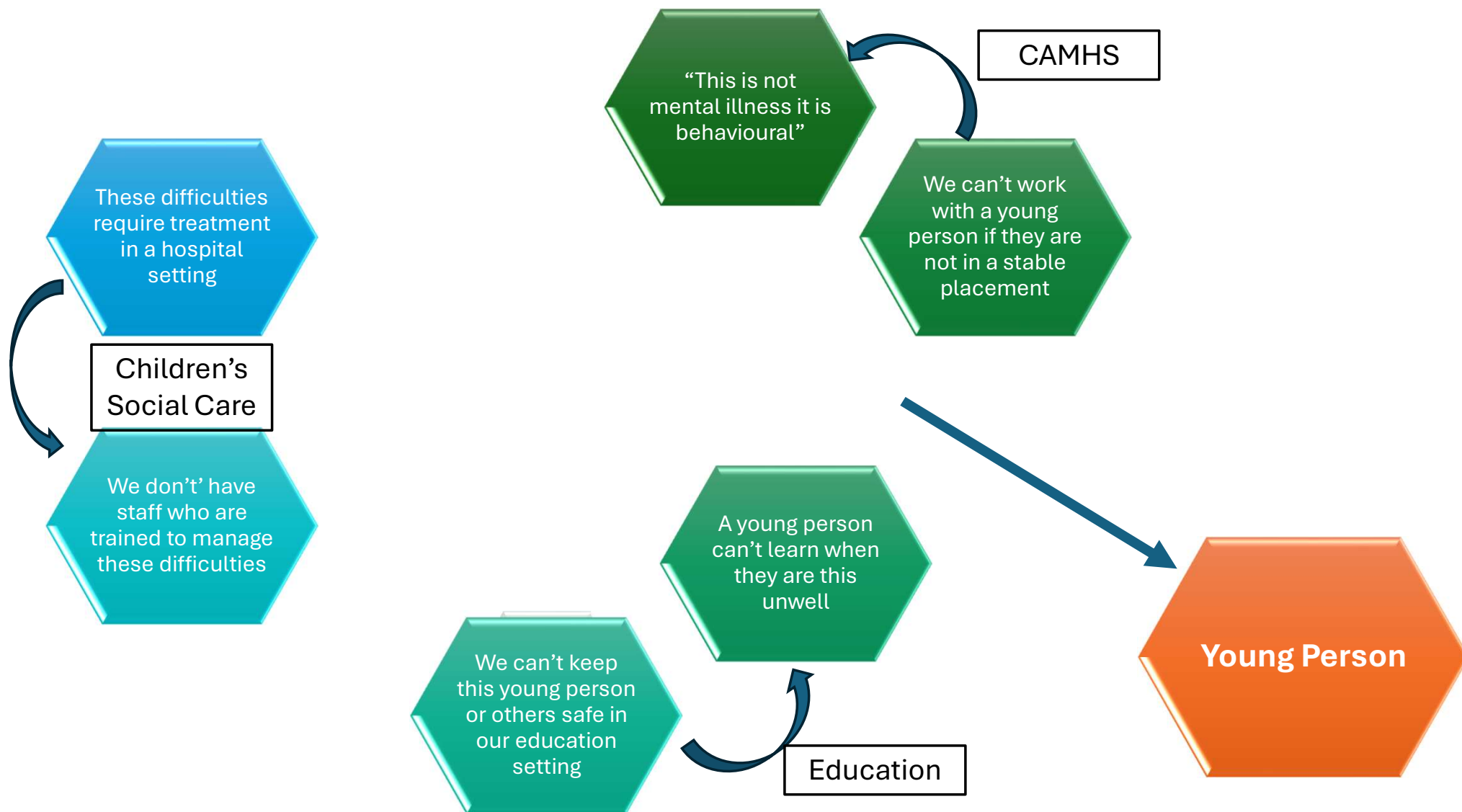
(Bloom, 2010)

The effects of  
stress within  
organisations  
and within whole  
systems are  
cumulative









# Framework for Integrated Care

## A catalyst for change to enhance services for children and young people at risk

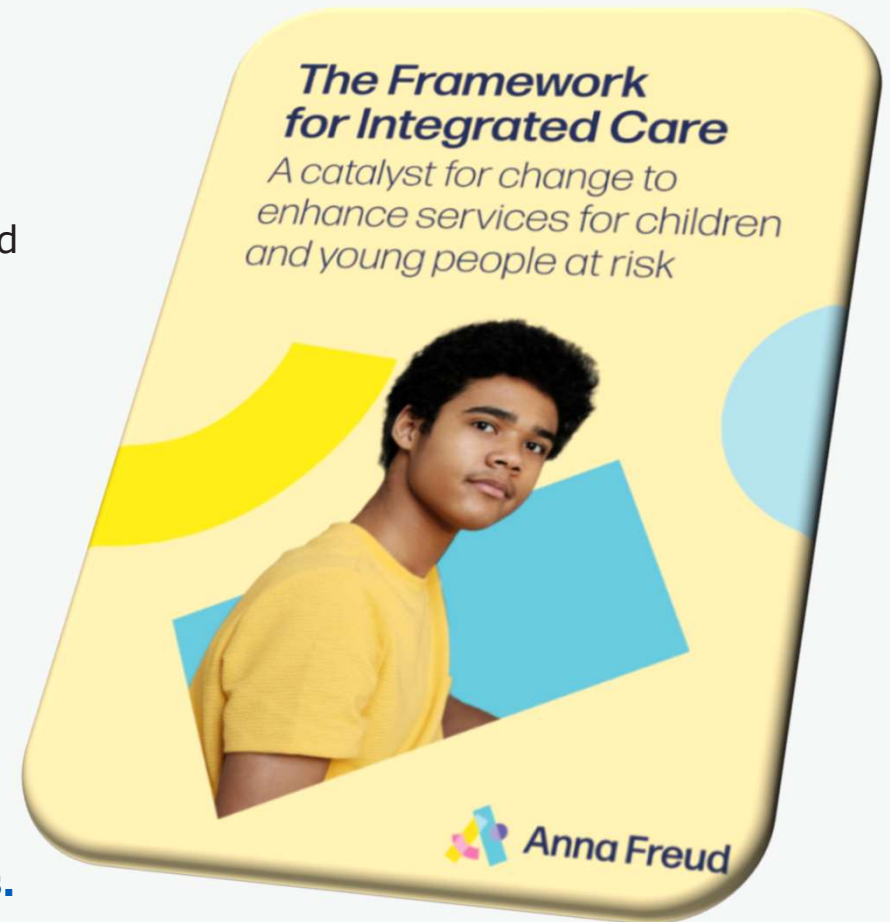
The Framework for Integrated Care is a set of evidence-informed guiding principles and practices, not a prescribed way of doing things.

These principles and practices can act as a catalyst for cultural and organisational change.



For children and young people experiencing some of the highest levels of need, adversity and health and social inequalities, support systems can become disjointed, inconsistent and unhelpful.

**The Framework for Integrated Care was developed in recognition of this.**



# The Teams: Future Focus and Trusting Hands

- Co-developed and co-produced in partnership between Newcastle & Gateshead Councils and Cumbria Northumberland Tyne and Wear NHS Trust, and children and young people (employed by NHS, seconded into Councils)
- Psychology, Speech and Language Therapy, Occupational Therapy & Advanced Practitioners (Nursing and Social Work)
- Pilot funded until April 2026



- No “referral criteria”
- Offer to connected teams where we know children and young people with complex trauma are supported e.g.
  - ☐ Children in Care
  - ☐ Contextual Safeguarding
  - ☐ Youth Justice
  - ☐ Kinship Care
- Support offered up to 25
- Support is offered wherever the child is placed
- Interface with CAMHS

We need to stop just pulling people out of the river. Some of us need to go upstream and find out why they are falling in.

(Desmond Tutu)







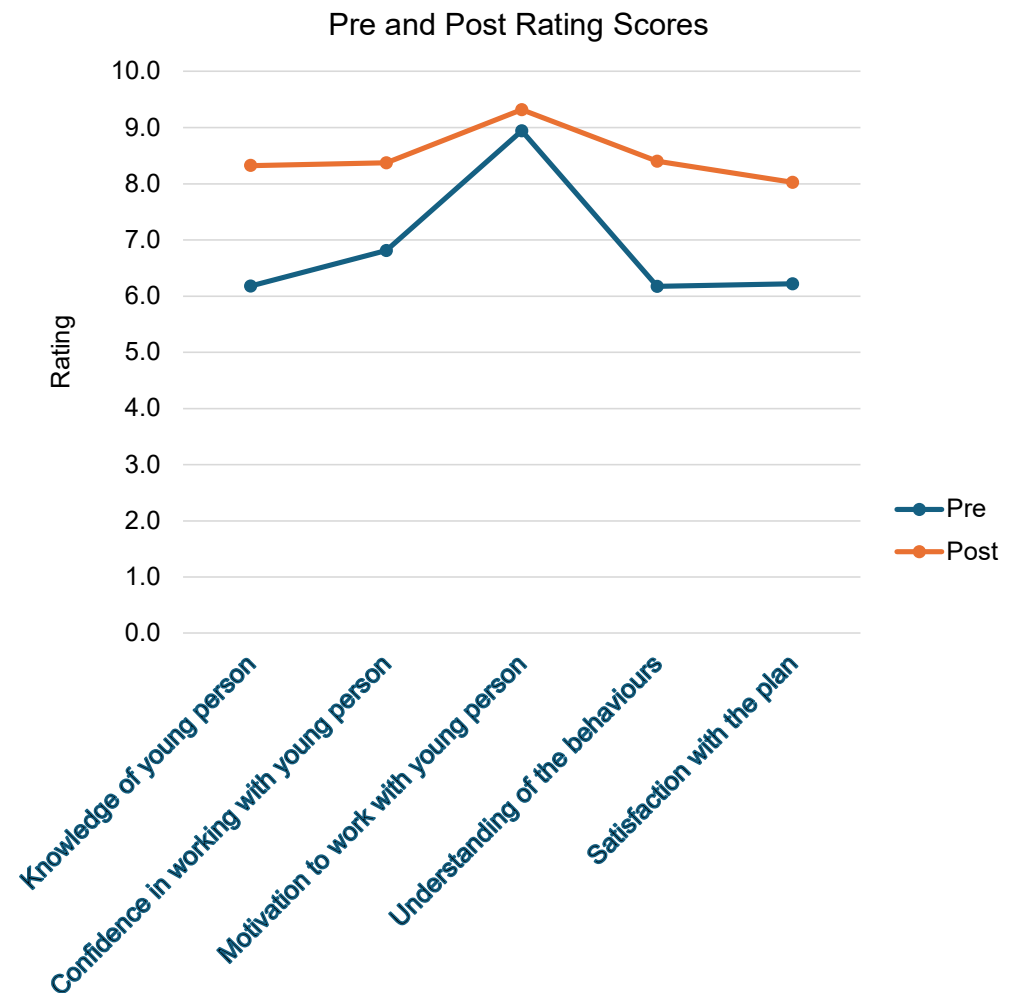
## “Understanding My Story” as an Intervention (or Enhanced Case Management)


- Led by highly skilled multi-disciplinary practitioners which mirror the expertise found in secure and inpatient settings.
- Opportunity to connect current behaviour and needs to previous experiences and consider how best to respond to reduce re-traumatisation
  - All agencies share information and perspectives



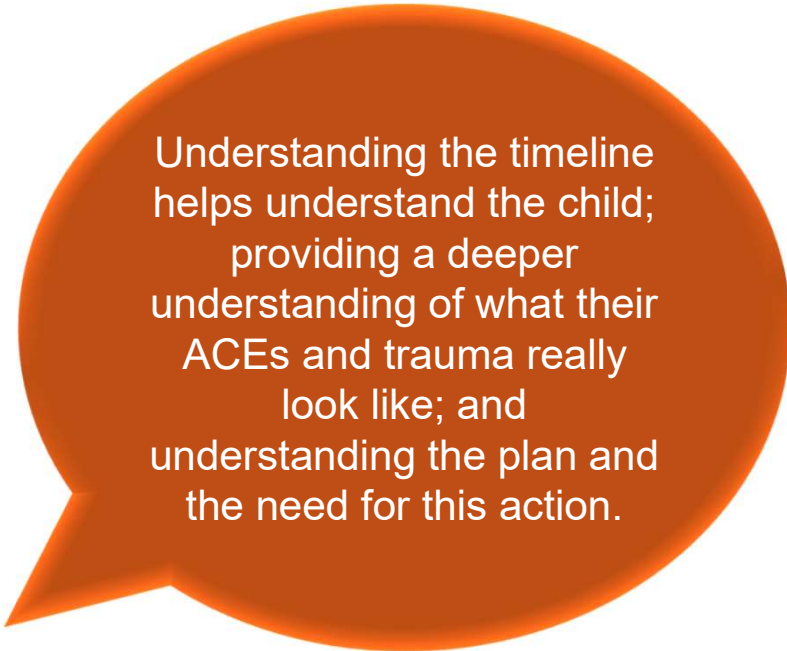
# Understanding My Story

- 94 formulations were facilitated across the teams
- **362 attendees providing satisfaction feedback**

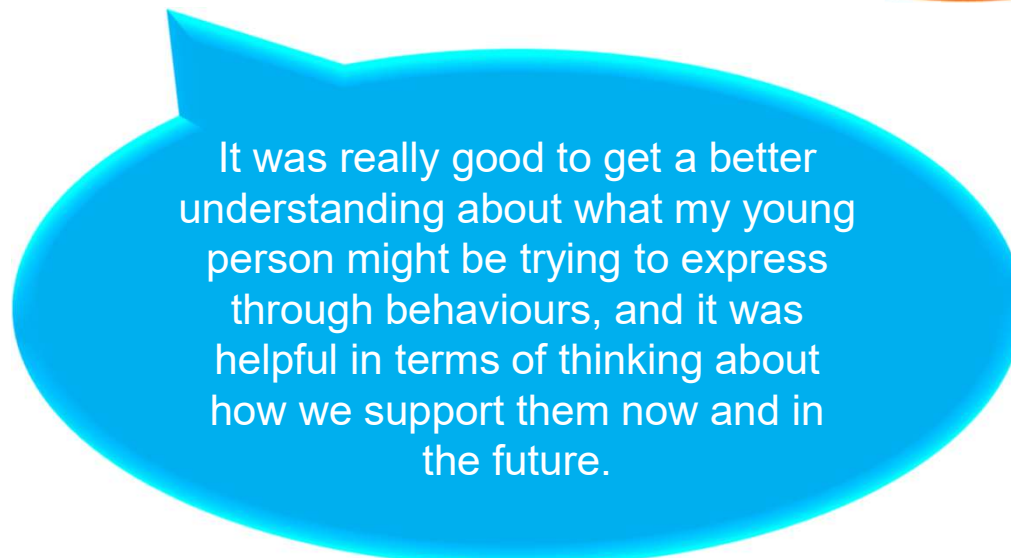


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Having a team of trained professionals looking at the problem from a different and less emotive angle was very beneficial. They came up with tools and language that will support our day-to-day life with the child we care for.

An orange speech bubble with a white outline and a tail pointing towards the bottom left.

Understanding the timeline helps understand the child; providing a deeper understanding of what their ACEs and trauma really look like; and understanding the plan and the need for this action.

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It was really good to get a better understanding about what my young person might be trying to express through behaviours, and it was helpful in terms of thinking about how we support them now and in the future.